

# Havering and East London Ramblers



[www.haveringeastlondonramblers.btck.co.uk](http://www.haveringeastlondonramblers.btck.co.uk)

**Mobile number 07583532309**

**Programme and Newsletter  
December-March 2015**

## **Chairman's Notes**

Apologies for cancelling the 2014 AGM at such short notice. St Laurence Church Halls double booked our room.

Following on from last month's appeal for clerical volunteers to spend time checking footpath documentation, I'm pleased to say 8 people stepped forward to help. The work we were asked to do has now been completed and we are waiting to hear what the next stage of the project will be.

Regular walkers will be aware that our Walks Secretary Peter (Rees) is having problems finding sufficient walks to fill our programmes. Although new leaders have helped (a big thank you to all concerned) it still leaves us with a shortfall. Rather than have blanks in the programme your committee have decided try something slightly different to fill those gaps. We are going to instigate "Away days" on a trial basis for Tuesdays and Saturdays.

A leader will state a place to be visited for the day. This could be a town, city or tourist attraction. The journey will be by public transport which will usually be by train. He/she will state the station to meet and which train to catch. There will not be an organised walk in the usual sense although this may develop depending upon the location. People who wish to break away from the group and do their own thing are free to do so. The leader will determine which train will be used for the return journey although you are not obliged to use it. Please note, however, that people choosing to travel in groups to obtain fare discounts must return within those groups to avoid penalty fares.



Next Easter's coach ramble will be on Tuesday, 31<sup>st</sup> March.

Timings and pickup points are shown in the programme. Please note: due to major engineering works on the A127 at Ardleigh Green **we will not pick up at the Ardleigh Green College**. We will, instead, pick up at the bus stop opposite the Oasis Dental Care, Green Lawns in Slewins Lane . Should this winter's weather prove to be as wet as the last one we may, on the day, decide to abandon this walk and deviate to Colchester instead. **The coach ramble seat "price will be £15 pp", Coral will start taking bookings in late January.**

### Christmas Lunch



*We are planning to hold our regular Christmas lunch for the group at 1:15pm on Tuesday 16<sup>th</sup> December at the Olde Plough at a cost of £21.*

*Please speak to John Smith for details.*

### Secretary's Report

The Essex Area AGM will be held on Saturday 21<sup>st</sup> February at Stock Village Hall, commencing at 10.00am. There will be a speaker and a buffet lunch will be available at 12.30. An afternoon walk will start at 1.30.

### Havering Footpath & Countryside Officer

#### **Footpath Maintenance Working Party**

Thank you from me and Havering Council to everyone who has already helped with footpath maintenance.

There will be further opportunities on the next programme for you to join in this worthwhile activity. ***The first provisional date on this programme is Friday 13th March.***

## **Havering Footpath & Countryside Officer cont'd**

Our usual meeting time is 9.45am near where we will be working and we usually finish by 1pm.

Information about the jobs will be available from me on a monthly basis. It would be very helpful if Ramblers would let me know of footpaths in Havering where they feel work needs to be done.

***NB: As usual we include an additional reminder of the Provisional dates of the Footpath maintenance working parties in the body of the programme. We hope that this will help all walkers to plan a date when they can participate in one of the working parties. A clear path makes it much easier for all members.***

### **The closing date for the next programme is the 24<sup>th</sup> February 2015**

It would be much appreciated if you could supply your walks as soon possible especially if you require a specific date. Our drop dead date is the **24<sup>th</sup> February 2015** but please remember the later you leave it the likelihood the dates that you require will be more restricted.

If you would like to lead a walk on the next programme, please contact a member of the committee who I am sure will be happy to help you.

Can you please give your walk for the next programme to either Peter O'Neill on 01708 455626 or Peter Rees on 01708 445177 or [peter.rees50@btinternet.com](mailto:peter.rees50@btinternet.com)

***The committee would like to thank all the people who have given up their time to lead walks for us all.***

***Although it is getting more and more difficult to fill the walks programme, we have managed to fill most walk dates in this programme, but please remember that we are always in need of people to lead our walks and that if we have no leaders we have no walks!***

## **Web Master**

### **New Find a Walk**

The new Rambler find a Walk on the Rambler web site is now live! It has changed address to <http://www.ramblers.org.uk> Well worth a look not just at our and other groups walks, but other events too. The group page has had a revamp too.

### **Be Informed**

Our own web site <http://www.haveringeastlondonramblers.btck.co.uk/> still carries the essential information, including our walks, with interactive links to maps showing start point. The programme is available to download and is e-mailed to everyone on the e-mail distribution list. If you are not on the distribution list just send an e mail and you will be put on it. This ensures that you are kept informed of changes and cancellations to the walks which occur during the winter.

### **Be Green**

Many of our members already have opted to only receive the electronic version and no longer receive a paper copy of the programme. This saves group resources and makes a 'green' impact. A Big Thank You to everyone who has opted not to receive a paper programme. If you too would like to join this initiative just drop an e mail to [haveringeastlondonramblers@gmail.com](mailto:haveringeastlondonramblers@gmail.com)

### **Be Involved**

If you would like your walking photos on the website please e mail them in with brief details, where, when etc and I will put them on.

## **All walks**

If the weather is inclement, it is important to either check our web site as noted on page 1, or contact the leader to see if the walk will take place.

Please telephone the walk leader direct for specific walk related queries before phoning group mobile phone number.

As you are all aware we have been attracting 50 plus walkers on our London walks with a significant number of these not being members of our group. This is due to a large proportion of these people picking these walks up on Walk Finder. Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

*Due to a request from members of the group living in the Harold Wood area the committee has decided that walks that start in central London and beyond on Tuesdays will have a start time of 10:45. Timing of walks on Saturdays will still be at the discretion of the walk leader.*

**Please check for the availability of public transport on the TFL web site, before travelling at weekends to allow for the planning of alternative routes.**

## **Car share**

Please car share where possible, as parking is often quite limited.

## **Walking with the Ramblers**

‘All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur’.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

## **Dogs on walks \***

We have been informed by Ramblers Head Office that we need to comply with the Disability Equality Act (2010).

We will continue to let Walks Leaders decide whether it is appropriate to allow dogs to participate in their walks, but even in cases where it is decided not to allow dogs to participate in a particular walk, we must allow registered assistance dogs to participate with their owners e.g guide, hearing, service, therapy and seizure alert dogs.

***As a general rule only “Registered Assistance Dogs” will be allowed on walks unless the Walks Leader specifies that dogs are welcome.***

## **Havering and East London Ramblers Association Committee Members**

Chair:

Peter O'Neill

Secretary:

Ken Richards, 26 Arundel Road

01708 375559

Harold Wood. Romford.

RM3 0RT

Treasurer:

07860499907

John Smith

Membership Secretary:

Diane Biggadike.

Walks Secretary:

Peter Rees

Havering Footpath & Countryside Officer

Joan Bullivant

Newham Footpath & Countryside Officer

John Buckle\*

Webmaster:

Peter Owen

*As you read through this walks programme you will hopefully be thinking about the walks that you plan to put on the next programme. To facilitate getting dates that suit you we are happy to accept walks from the 15th December.*

**Tues 2 December 10:0**

**Norman Tolley**

Meet at the car park opposite The Miller and Carter Lambourne End for a walk to Chigwell Row, Old Farm, Taylors Farm and back to Lambourne End

G.R. 478944

Post Code RM4 1NH

Registered assistance dogs only.

**5 miles**

**Sat 6 December 10:15**

**Roy Clemance/Maureen Collins**

Meet at Manor Park Station for a linear walk to Wanstead Flats, Bushwood and Wanstead Park, finishing at Wanstead Station.

Registered assistance dogs only.

**6 miles**

**Sun 7 December 10:0**

**Norman Valentine**

Meet outside Mile End Station (central & district lines) for circular walk mainly along East End canals.

Packed lunch advisable.

Registered assistance dogs only.

**9 miles**

**Tues 9 December 10:45**

**John Whitten**

Meet at Westminster Station (opposite Big Ben) for a walk through St. James's, Green Park and Hyde Park to Marble Arch.

Registered assistance dogs only.

**5.5 miles**

**Sat 13 December 10:30**

**John Buckle**

Meet at Bromley-by-Bow underground station/ Tesco at 10:30 for walk along canals via Victoria Park, finishing at Canary Wharf.

Registered assistance dogs only.

**5 miles.**

**Sun 14 December 10:0**

**Ron Lockhart**

Meet at Tylers Common for a circular walk

Post Code RM14 1TS

GR L/R 175 563/906

Well behaved dogs welcome.

**6-8 miles**



**Tues 16 December 10:0**

**Norman Tolley**

Meet at Thorndon Park south car park. The Halfway House end of the park. For a walk across the park mostly on hard paths to the visitor centre and back again by a different route. The walk will finish in plenty of time to get to the Plough at Bulphan for the Christmas lunch. There is a charge for this car park of £3.

G.R.633 899

Registered assistance dogs only.

**5 Miles**

***Tuesday 16<sup>th</sup> 1:15 December  
Christmas Lunch at the Olde  
Plough.***

***Speak to John Smith for details.***

**Sat 20 December 10:30**

**David Brooks**

Meet at Queensway tube station for a walk to Hyde Park Christmas fair.

Registered assistance dogs only.

**5 miles**

**Sun 21 December 9:0**

**Sandra Dalton**

Meet Harold Wood station for car share to Mill Green.

Lunch or Christmas drink in Viper PH.

Registered assistance dogs only.

**6 miles**

**Tues 23 December**

**No walk planned**

**Sat 27 December**

**No Walk available.**

**Sun 28 December 10:0**

**Ron Lockhart**

Meet the Berwick Woods car park for a circular walk.

Post Code RM13 9EJ

GR L/R 175 TQ 543/836

Well behaved dogs welcome.

**6-8 miles**

**Thurs 1 January 10:30**

**Ken Richards**

Meet at Harold Court Wood. From Gubbins Lane, turn into Station Road and then right into Church Road. At the end of the road, turn right into Harold Court Road leading into Ivy Lodge lane, and the car park.

Walk to Noak Hill, Dagnams Park and Hatters Wood.

GR560 911.

Registered assisted dogs only.

**5miles**

**Sat 3 January 10:15****David Brooks**

Meet at the Fishers Green car park in Stubbings Hall lane, Waltham Abbey for a circular Lee valley walk.

GR 377 031

Lat N51.710669 / LONG

W0.081660

Registered assistance dogs only.

**5 miles**

**Sun 4 January 9:0****Norman Valentine**

Meet at Harold Wood station car park for a car share to Hadleigh Country Park for circular walk via Benfleet Creek with café/pub lunch at Leigh-on-Sea.

Registered assistance dogs only.

**9 miles**

**Tues 6 January 10:30****Peter Rees**

Meet at the Tesco's near Bromley-Bow underground Station for a walk through Docklands stopping at Trinity Buoy Wharf and finishing at Island Gardens.

Registered assistance dogs only.

**6 miles**

**Sat 10 January 10:30****Les Cannings**

Meet at Kew Gardens

Underground Station (District line) for a linear walk to Richmond including Richmond Hill for the views.

Registered assistance dogs only

**5 miles**

**Sun 11 January 10:0****Joan Bullivant**

Meet in the car park near Bedfords Park visitor centre for a circular walk. Pub or café stop but advisable to bring a packed lunch. Registered assistance dogs only.

**10 miles**

**Tues 13 January 10:15****Joan Bullivant**

Meet in Rise Park car park (off Beaulay Way) for a circular walk via Bedfords Park.

Registered assistance dogs only.

**6 miles**

**Sat 17 January 10:30****John Smith**

Meet at Embankment Station for a linear walk through the Royal Parks (St. James's, Green Park and Hyde Park) to Knightsbridge Station.

Registered assistance dogs only.

**6 miles**

**Sun 18 January 10:0**

**Ron Lockhart**

Meet in Mill Green at the Viper public house for a circular walk.

Post Code CM4 0PT

GR L/R 183 637/013

Well behaved dogs welcome.

**6-8 miles**

**Tues 20 January 10:30**

**Marion Franklin**

Meet at West Ham Station at 10.30am, for a 5 mile walk, passing Pinky and Perky, to Victoria Park then the Olympic Park finishing opposite Westfield, Stratford.

Registered assistance dogs only.

**5 miles**

**Sat 24 January 10:15**

**Joan Bullivant**

Meet in the car park at the Millennium Centre, Dagenham for a circular walk.

Registered assistance dogs only.

**6 miles**

**Sun 25 January 10:0**

**Joan Bullivant**

Meet at Tower Hill tube station for a linear walk to Baker Street tube station. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

**10 miles**

**Tues 27 January 10:15**

**Joan Bullivant**

Meet at Becontree tube station for a linear walk through local parks to Upney tube station.

Registered assistance dogs only.

**6 miles**

**Sat 31 January 10:30**

**Liz Rayner**

Meet at Paddington Station Exit 3 Grand Union Canal (this is the exit near the H&C line platforms at the far end of the station from the main concourse) for a linear canal walk.

Registered assistance dogs only.

**5 miles**

**Sun 1 February 9:0**

**Sandra Dalton**

Meet at Harold Wood station car park for car share to Blackmore Lunch at end.

Registered assistance dogs only.

**8 miles**

**Tues 3 February 10:45**

**Norman Larsen**

Meet Blackheath Station walking across Blackheath common and through Greenwich Park to Greenwich town for short lunch break then onto North Greenwich via Thames path

Registered assistance dogs only.

**6 miles**

**Sat 7 February 10:15**

**Beryl Buckler & Coral O'Neill**

Meet at London Bridge Station opposite platforms 14/15 for a linear walk including the Inns of Court.

Registered assistance dogs only.

**5 miles.**

**Sun 8 February 10:0**

**Joan Bullivant**

Meet at Woolwich Arsenal DLR station for a circular walk. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

**10 miles**

**Tues 10 February 10:30**

**Marion Franklin**

Meet at the Information Centre (opposite Stratford Westfield), Queen Elizabeth Olympic Park, Stratford for a walk in and around the park, passing many of the contemporary artworks created specifically for this park. The art trail walk finishes at Stratford Westfield.

Registered assistance dogs only.

**5 miles**

**Sat 14 February 10:30**

**John Buckle**

Meet at Sloane Square underground station at 10:30 for a circular walk in Chelsea and

Battersea parks.

Registered assistance dogs only.

**5 miles.**

**Sun 15 February 9:0**

**Norman Valentine**

Meet at Harold Wood station car park for car share to Good Easter. Circular walk via Chignall Smealy and Pleshey.

Pub stop but packed lunch advisable.

Registered assistance dogs only.

**10 miles**

**Tues 17 February 10:15**

**Les Cannings**

Meet at Hannakins Farm Community Centre, Rosebay Avenue, Billericay. For a circular walk.

Registered assistance dogs only.

**5 miles**

**Sat 21 February 10:30**

**Chris West**

Meet at Gospel Oak Station, for a walk via Hampstead Heath, and Kenwood to explore another part of Hampstead 'village'.

Registered assistance dogs only.

**5.25 miles**

**Sun 22 February 10:0**

**Ron Lockhart**

Meet in Cranham Sunnycroft Gardens for a circular walk.

Post Code RM14 1HR

GR L/R 175 TQ 579/877

Well behaved dogs welcome.

**6-8 miles**

**Tues 24 February 10:30**

**Norman Larsen**

Meet Canning town station for a walk via Trinity Buoy onto E16 passing Royal Victoria Dock & Excel to Thames Barrier Park & café then past City Airport finishing at Royal Albert DLR. Registered assistance dogs only.

**6 Miles.**

**Sat 28 February 10:15**

**Joan Bullivant**

Meet at High Beach visitor centre for a figure of eight walk in Epping Forest.

Registered assistance dogs only.

**6 miles**

**Sun 1 March 9:0**

**Joan Bullivant**

Meet in Harold Wood station car park for a car share to Ongar for a figure of eight walk. Lunch stop in Ongar.

Registered assistance dogs only.

**10 miles**

**Tues 3 March 10:0**

**Phil Havis**

Meet at Recreation ground Car Park, Sunnycroft Gardens, Cranham. Walk to North Ockendon Church. Please car share where possible as C.P. is small.

GR579 877.

Nearest Post Code RM14 1HR.

Registered assistance dogs only.

**5 miles.**

**Sat 7 March 10:30**

**Ros Kendrick/Shirley Andrews**

Meet at Warwick Avenue station (Bakerloo line) for a linear walk along the Regent's canal to Angel station (Northern line).

Registered assistance dogs only.

**5 miles**

**Sun 8 March 10:0**

**Ron Lockhart**

Meet at Navestock Side for a circular walk.

Post Code CM14 5SD

GRL/R 175 TQ563/973

Well behaved dogs welcome.

**6-8 miles**

**Tues 10 March 10:0**

**John Smith**

Meet in the car park in Hacton Lane for a circular walk in Hornchurch Country Park.

Registered assistance dogs only.

**5 Miles**

*Provisional date for path clearing  
on this programme is Friday 13th  
March.*

**Sat 14 March 10:15**

**Micky Doyle**

Meet at 10:15 Goldhanger grid  
904 088 nr Church/Chequers pub  
to catch 10:22 bus to Tollesbury.  
Walk back to Goldhanger via  
nature reserve and Tollesbury  
Wick marshes. 7 miles. Bring bus  
pass.

**7 miles**

**Sun 15 March 9:0**

**Sandra Dalton**

Meet at Harold Wood station car  
park for car share to Maldon.  
Lunch at Heybridge Basin. Pubs  
and cafe.

Registered assistance dogs only.

**8.5 miles**

**Tues 17 March 10:0**

**Phil Havis**

Meet Stock Village Hall C.P.,  
entrance in Common Rd., off  
B1007 Billericay - Stock Road,  
just north of the Hoop public  
house. Please park at the far end of  
C.P. Parking charge of £1 per car.  
Circular walk on paths and lanes  
skirting the west side of  
Hanningfield Reservoir.

GR693 991

Registered assistance dogs

Only.

**5.5miles.**

**Sat 21 March 10:15**

**Peter Rees**

Meet at the Fishers Green car park  
in Stubbings Hall lane, Waltham  
Abbey for a circular Lee valley  
walk

GR 377 031

Lat N51.710669 / LONG

W0.081660

Registered assistance dogs only

**5 miles**

**Sun 22 March 9:0**

**Ron Lockhart**

Meet at H.W.N.C 9.a.m for  
onward trip to Hordon-on-The-Hill  
to do the Stan Dyball tribute walk.  
Well behaved dogs welcome.

**6-8 miles**

**Tues 24 March 10:0****Peter Owen**

Meet at the car park Childerditch Lane for a circular walk going into Thorndon Park, and including Jury Hill.

GR TQ605906°

Post Code CM133DZ

Lat N51.592045o/Long

E0.317694°

Registered assistance dogs only.

**5 miles**

**Sat 28 March 10:0****Beryl Buckler & Coral O'Neill**

Meet at Waterloo Station under the clock to catch train to Richmond for a circular walk around Richmond.

Registered assistance dogs only.

**5 miles**

**Sun 29 March 9:30****Norman Valentine**

Meet at Harold Wood station car park for car share to Epping Forest for circular walk.

Pub stop but packed lunch advisable.

Registered assistance dogs only.

**8-10 miles**

**Tues 31 March****Coach Ramble Timings:-**

8:30 Hornchurch Station

8:35 Hornchurch North Street opposite Fire Station.

8:40 Bus stop in Slewins Lane opposite Oasis Dental Care surgery.

8:50 Gallows Corner bus stop opposite Furniture Village.

9:00 Bus stop at Gubbins Lane.

Return from Lavenham (or Colchester) 17:00.

***We recommend that you wear boots and bring a packed lunch.***

### **Walk Leaders**

David Brooks  
John Buckle  
Joan Bullivant  
Les Cannings  
Roy Clemance  
Sandra Dalton  
Micky Doyle  
Phil Havis  
Ron Lockhart  
Jerry O'Brien  
Coral & Peter O'Neill  
Don Ostle  
Peter Owen  
Peter Rees  
Ken Richards  
John Smith  
Tony Rowe  
Bernard Stevens  
Doreen Tayler  
Norman Tolley  
Norman & Kath Valentine  
John Whitten  
Iris Jupp  
Ros Kendrick  
Carol Thomas  
Shirley Andrews  
Norman Larsen  
Marion Franklin



## **Ramblers Holidays Walking Partnership**

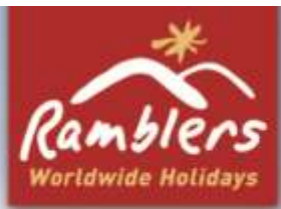


The Havering and East London Ramblers group has recently joined The Walking Partnership.

This new partnership, supported by Ramblers Worldwide Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk) or give them a call on 01707 33113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us



Explore the world  
with us, and your  
walking group  
benefits too.



- STEP 1** Register your group at:  
[www.thewalkingpartnership.org.uk](http://www.thewalkingpartnership.org.uk)
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- STEP 3** Your group gets cash back every six months!

Call us or go online for more information

**01707 386804**

[www.thewalkingpartnership.org.uk](http://www.thewalkingpartnership.org.uk)



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# **Havering & East London Rambler's 2014 Christmas Lunch**

**CHRISTMAS LUNCH – 16<sup>th</sup> December 2014 - 1.15pm**

To be held at **Ye Olde Plough House** Brentwood Road (A128). Bulphan  
Essex RM14 3SR **COST £21 PER PERSON Staff gratuities included.**

## **MENU**

### **Starters:**

Parsnip & Apple Soup  
Prawns with Marie Rose Sauce  
Stilton Stuffed Mushroom  
Fanned Melon with Seasonal Fruits (V)

### **Main Course:**

Traditional Roast Turkey with Chipolata Sausage  
wrapped in Bacon and Sage & Onion Stuffing  
Roast Beef with Yorkshire Pudding  
Fillet of Salmon with a Spicy Tomato Sauce  
Nut Roast with topped with Goats Cheese (V)  
All served with Roast Potatoes and Seasonal Vegetables

### **Desserts:**

Christmas Pudding with Brandy Sauce  
Profiteroles with Chocolate Sauce  
Fresh fruit salad  
Spotted Dick with Custard

Coffee

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**PTO**

Please complete the booking form and return to

Mr. John Smith,  
72 Pettits Lane, Romford, RM14ET

by **30<sup>th</sup> NOVEMBER 2014.**

NAME

NO OF SEATS REQUIRED

TELEPHONE NUMBER

Total amount enclosed at £21 per person .....

Please make cheque for full amount payable to Havering and East London  
Ramblers Social Account. **ALL ENQUIRIES TO John Smith 07860499907**

**This year we have to make our choice at time of payment, so please select  
your meal and send completed form and your cheque to John Smith.**

**GUEST**

**STARTER**

**MAIN COURSE**

**DESSERT**